

XC Summer 2019

June 3 & 4 Run-A-Thon - Collect pledges and run relay style to raise funds or XC

June 6th Cardio, Core & Coordination workouts start 8:00 AM at the Track

August 3rd Relay For Life @ Carl Miller Park need to raise donations

August 12th XC starts 8:00 AM at Track and 7:00PM at the track